

## The MBTI® Certification Programme 4 Day Training Programme

Day 1 (Module 1) Introducing type to teams and work groups.

- Administering the instrument
- Clarifying the meaning of MBTI® results
- Defining the dichotomies and preferences
- Verifying type
- Experiencing activities to use with teams

Day 2 (Module 2) Integrating the MBTI® instrument into your work setting.

- Understanding differences between trait and type instruments
- Appropriate and ethical uses of the instrument
- Contracting to use the MBTI® assessment
- Frequently asked questions about technical aspects of the instrument

Day 2 (Module 3) Using the MBTI® instrument with individual clients using the Form M Self-Scorable.

- Interpreting MBTI® results – the numbers (pci) and categories (pcc)
- Practice mind-setting, administering, and scoring
- Practice giving feedback to colleagues in the workshop

Day 3 (Module 4) Using the MBTI® instrument for individual development and for leadership development.

- Type dynamics – how the four preferences form a dynamic personality pattern
- Type development – the tasks of different stages of life
- Type and stress
- Leadership styles related to type
- Practice using type dynamics and development for individual development

Day 4 (Module 5) The MBTI® Step II using the MBTI® Form Q instrument and your Step II Interpretive Report.

- Development and technical aspects of Step II
- Definitions and meanings of the 20 Step II facets
- Practice giving feedback to individual clients
- Case studies of Step II results



### MBTI® Step I

It uses a questionnaire of 93 items. This produces a 4 letter type referred to as the "reported type". However people also need to work with a certified practitioner to explore the MBTI® concept and reach a "self estimate". With these 2 pieces of data individuals then arrive at their "best-fit" type by reading profiles for their type in the booklet "Introduction to Type". It is therefore each person's choice, with the help of a certified practitioner to feel satisfied that their "best-fit" type describes their general behaviour.

### MBTI® Step II

It uses a questionnaire of 144 items. It follows the same process as Step I, but the report gives an expanded understanding of an individual's MBTI® type by assessing 20 additional facets of behaviour.